

PRELIMINARY  
PROGRAM

17-19  
September  
2015

ROME  
Catholic  
University

Meeting Chair  
Mauro Cervigni



# ESSIC

International Society for the Study of Interstitial Cystitis/Bladder Pain Syndrome



UNIVERSITÀ  
CATTOLICA  
del Sacro Cuore

Dear Friends and Colleagues,  
It is my great pleasure and honour to invite you to the ESSIC Annual Meeting which will be taking place in Rome this year in September.

Renowned experts from many countries have been invited to focus on the hot topics of Bladder Pain Syndrome and to contribute to one of our Society's main

missions. As many of you know, the ESSIC was founded in 2004 and since then, it promoted and developed the knowledge of the Interstitial Cystitis among the few European experts and scientific societies. The change in the nomenclature, as well as the creation of an important network involving international scientific associations, also outside Europe (US, Asia), are just an example of some of the important goals reached by the ESSIC group.

Nowadays, AUA, ICI and EAU proposed some Guidelines for Bladder Pain Syndrome to the scientific international community; however, some specific details are still needed.

This year ESSIC annual meeting represents a pivotal event for our Society, as it will try to draw up a first draft of a global proposal for guidelines on the main topics of BPS, which will be implemented by the specific algorithms in the near future.

I'm convinced that our Faculty will actively contribute to this mission but I also hope that you may feel involved in this project by submitting your researches and studies to the attention of the scientific committee on the occasion of the Abstract Sessions of the conference.

Rome will surely do its part, so charm and pleasant atmosphere will not be missing!



Prof. Mauro Cervigni  
ESSIC Meeting Chair

## ESSIC Executive Committee

Jean-Jacques Wyndaele - President | Belgium  
Mauro Cervigni - Vice President | Italy  
Joop P van de Merwe - Treasurer | Netherlands  
Jørgen Nordling - Member | Denmark  
Phil Hanno - Member | USA  
Magnus Fall - Member | Sweden

## Faculty

E. Bautrant | France  
F. Cappellano | Italy  
C. Castronovo | Italy  
M. Cervigni | Italy  
P. Dinis De Oliveira | Portugal  
B. Dionisi | Italy  
M. Fall | Sweden  
A. Gasbarrini | Italy  
A. Giannantoni | Italy  
P. Hanno | USA  
G. Hohlbrugger | Austria  
E. Jannini | Italy  
M. Inghilleri | Italy  
C. Kabjorn-Gustafsson | Sweden  
Y. Logadottir | Sweden

R. Marana | Italy  
J. Meijlink | Netherlands  
R. Moldwin | USA  
L. Nasta | Italy  
J C. Nickel | Canada  
J. Nordling | Denmark  
E. Ostardo | Italy  
K. M. Peters | USA  
V. Ratner | USA  
M. Rossi | Italy  
D. Shoskes | USA  
M. Spinelli | Italy  
T. Ueda | Japan  
J. van De Merwe | Netherlands  
P. van Kerrebroeck | Netherlands  
A. van Ophoven | Germany  
K. Whitmore | USA  
J. J. Wyndaele | Belgium  
A. Zaitcev | Russia



17  
sep  
15

14.00 Registration

14.15 Welcome and Introduction | J.J. Wyndaele

1<sup>st</sup> SESSION | Preliminary remarks and assessment - 1

14.30 Where are we today?  
P. Hanno, J. Nordling

14.45 The complexity of Chronic Pelvic Pain  
M. Fall

15.00 Why ESSIC uses the name BPS  
J.P. van de Merwe

15.10 Q&A

2<sup>nd</sup> SESSION | Preliminary remarks and assessment - 2

15.25 The MAPP program  
R. Moldwin

15.35 Phenotyping: how can you prove the value?  
J.C. Nickel, D. Shoskes

15.45 Q&A

16.00 Coffee Break

ABSTRACT SESSION

16.30 Oral - Poster - Video Communications

17.30 1<sup>st</sup> Day Closing

18  
sep  
15

3<sup>rd</sup> SESSION | Diagnosis - 1

08.30 The "coating": a passive or an active element?  
G. Hohlbrugger

08.50 The neurogenic component of BPS/CPPS  
J.J. Wyndaele

09.05 The GI apparatus and its interferential role on the associated symptoms  
A. Gasbarrini

09.20 Associated rheumatic conditions  
J.P. van de Merwe

09.35 Pelvic floor: the posture and associated disorders  
K. Whitmore, K. M. Peters

09.55 Q&A

4<sup>th</sup> SESSION | Diagnosis - 2

10.10 Vulvodynia: an isolated gynecologic condition or a possible consequence of BPS?  
B. Dionisi

10.20 Pudendal neuropathy: a confusable disease  
E. Bautrant

10.30 Pelvic endometriosis: a confusable disease  
R. Marana

10.40 The CPP and dyspareunia: its impact on pat's sexuality  
K. Whitmore, E. Jannini

11.00 The emerging role of BPS in the male population  
J. C. Nickel

11.10 Q&A

11.30 Coffee Break

ABSTRACT SESSION

12.00 Oral - Poster - Video Communications

Sponsored Symposium

12.30 Title

13.00 Lunch

## 5<sup>th</sup> SESSION | Diagnosis - 3

- 14.30 The functional and neurophysiologic assessment  
M. Cervigni, J.J. Wyndaele
- 14.45 Biomarkers still far to be a diagnostic test?  
P. Hanno
- 14.55 Cysto-Hydrodistension: the way I do it - ESSIC proposal  
T. Ueda, M. Fall
- 15.15 The histologic assessment: ESSIC criteria  
C. Kabjorn-Gustafsson
- 15.30 Q&A
- 15.45 Annual General Meeting & Coffee
- 16.45 2<sup>nd</sup> Day Closing

19  
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15

## 6<sup>th</sup> SESSION | Treatment - 1

- 09.00 Pain control is mandatory  
M. Rossi
- 09.15 The "coating" problem and its management  
M. Cervigni
- 09.30 The mastocytosis: should it guide treatment?  
E. Ostaro
- 09.40 Q&A

## 7<sup>th</sup> SESSION | Treatment - 2

- 09.50 Round Table  
Focus on neuro-stimulation Sacral/Tibial/Deep Magnetic Brain  
P. van Kerrebroeck, M. Spinelli, M. Inghilleri, F. Cappellano, K.M. Peters
- 10.30 Round Table  
New intravesical options for BPS/IC patients  
J. J. Wyndaele, P. Dinis de Oliveira, A. Zaitcev, A. Giannantoni
- 11.10 Q&A
- 11.30 Coffee Break

## 8<sup>th</sup> SESSION | Treatment - 3

- 12.00 The management of Hunner lesions  
Y. Logadottir
- 12.10 Hyperbaric Oxygen treatment  
A. van Ophoven
- 12.20 The role of surgery  
J. Nordling
- 12.30 Q&A

## 9<sup>th</sup> SESSION | Patients Organizations

- 12.40 The International Bladder Foundation | Patients Organization  
V. Ratner, J. Meijlink
- 12.55 Welfare reimbursement and disability recognition | Law Nr.104: an Italian model  
L. Nasta, C. Castronovo
- 13.10 An international registry for BPS: a future option or an utopia?  
J. P. van de Merwe
- 13.20 Q&A
- 13.40 ESSIC management of BPS Patients  
J. Nordling, P. Hanno
- 13.55 Conclusions  
J.J. Wyndaele, M. Cervigni
- 14.10 3<sup>rd</sup> Day Closing



## UEMS & ITALIAN CME | TOTAL HOURS: 10 h

UEMS and Italian CME application available for Gynecologists, Urologists, Surgeons, Physicians, Neurologists, Gastroenterologists, Nurses and Obstetrics interested in the management of BPS.

## ABSTRACT SUBMISSION

OPEN: 15<sup>th</sup> March 2015

DEADLINE: 15<sup>th</sup> June 2015

All abstracts can be submitted online from 15<sup>th</sup> March until 15<sup>th</sup> June 2015. Details for abstract submission are available on the website [www.defoe.it](http://www.defoe.it).

Selected abstracts will be chosen for podium/video/poster presentations. Only registered participants will be able to present their Abstracts.

## SPONSORED SYMPOSIA

Sponsored Lectures and Symposia are available upon request. Please contact the Organizing Secretariat by email to [essic@defoe.it](mailto:essic@defoe.it), within 15<sup>th</sup> April 2015.

## SPONSORS & EXHIBITORS

Companies interested in sponsoring or exhibiting at the event are invited to contact the organizing secretariat by email to [essic@defoe.it](mailto:essic@defoe.it)

## REGISTRATION

Send registration form to the organizing secretariat together with the receipt of payment, made before 1<sup>st</sup> September 2015. After this date, registration will still be possible during the event, until reaching the maximum number of participants.

### REGISTRATION FEE

	Until 31 July 2015	After 31 July 2015
MD, MhD	350 €	450 €
MD, MhD (ESSIC MEMBERS)	300 €	400 €
NURSE & CARE WORKERS	200 €	300 €
NURSE & CARE WORKERS (ESSIC MEMBER)	150 €	250 €
STUDENTS & RESIDENTS	150 €	250 €
PATIENTS	50 €	50 €

\* Fee is meant for each person, in Euros, VAT free. The registration fee includes: certificate of attendance, CME related forms, coffee breaks and lunch, free entrance to the exhibition area.

## HOTELS

For hotel reservations please contact the organizing secretariat by email at [essic@defoe.it](mailto:essic@defoe.it).

## COURSE VENUE

A. Gemelli - Catholic University



Policlinico Agostino Gemelli  
Università Cattolica del Sacro Cuore

Gemelli